## Increasing Competence in Working with People with Developmental Disabilities:

Focus on Mental Health Disorders,
Autism Spectrum Disorders,
and Challenging Behaviors



Presented by: Spokane County Community Services, Housing, and Community Development Department

## Series Presenters:

**Dr. Christen Kishel**, Field Psychologist for DDA—Spokane, will provide insight into symptoms of mental illness in clients with developmental disabilities, as well as a deeper understanding of Autism Spectrum Disorder.

**Dana Stevens**, Clinical Director of Northwest Autism Center and Board Certified Behavior Analyst, will provide the audience with resources for persons with Autism Spectrum Disorders.

**Dr. Phil Diaz**, Field Psychologist for DDA—Yakima, will teach strategies for understanding and intervening in every stage of an adrenaline-driven meltdown.

**Dr. Kevin Heid**, Clinical Psychologist at Providence Medical Center, will cover treatment strategies for behavior challenges in clients with developmental disabilities.

In this 3 part series professionals will gain:

- Understanding of how to recognize and work with symptoms of mental illness in those who have developmental disabilities.
- Current knowledge about the criteria, causes, symptoms, and strategies to work with Autism Spectrum Disorder (ASD).
- Knowledge about local, state, and national resources for individuals with ASD and those who work with them.
- Strategies for preventing & managing emotional and behavior challenges.
- Understanding of the Anatomy of a Meltdown and treatment strategies for every stage in the cycle.

When: 4:00 to 7:30 PM (Buffet dinner included.)

**Sessions:** These are stand alone sessions and you may choose one, two, or all three.

- ◆#1: November 19: Dual Diagnosis Developmental Disability & Mental Health, Christen Kishel, PhD
- ◆#2: February 11: Autism Spectrum Disorder, Christen Kishel, PhD & Dana Stevens, BCBA
- ♦#3: April 24: Anatomy of a Meltdown & Treatment Strategies: Phil Diaz, PhD & Kevin Heid, PhD

Register: Click on the link at the end of this email or go to <a href="https://www.surveymonkey.com/s/2KJB5KT">https://www.surveymonkey.com/s/2KJB5KT</a>

Call Denise Magee at **(509) 477-2725** if you have questions or need help registering. (DDA employees should also register in the Learning Center.)

<u>Clock hours/CEs:</u> Up to 3 ESD Clock Hours and/or 3 DDA-approved CE credit hours will be available for each session.

## Location:

Mukogawa Fort Wright Institute, Commons 4000 W. Randolph Road, Spokane, WA 99224

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